CHILD & YOUTH COUNSELLOR

JOB SUMMARY
Under the general supervision of the Program Director in a Mental Health Program, participates as a member of the multi-disciplinary team in residential or community settings. As a primary worker, provides individual, family and group counseling based on a conceptual model. (Additional details below)

TRAINING / EXPERIENCE NEEDED
- B.A. degree in a field related to the growth and development of children, adolescents and their families.
- Minimum of three (3) years experience working with children, adolescents and their families.
- Eligible for membership in B.C. Child Youth Care Association.
- Valid Class 5 vehicle license.

POST-SECONDARY INSTITUTIONS
- University of Victoria – School of Child & Youth Care
  (link)
- Vancouver Island University -
  http://www.mala.ca/hhs/cyc/BACYC.asp

PROGRAM LENGTH
- 4 years

SKILLS AND ABILITIES NEEDED
- Ability to communicate effectively both verbally and in writing.
- Ability to deal with others effectively including other members of the Multi-disciplinary Team, and community resources such as schools or Ministry of Social Services.
- Understands the concepts of family centered care.
- Physical ability to carry out the duties of the position including physical activities such as bike riding, running, and hiking.
- Ability to work with special needs children who may require lifting or restraint, and who need a safe environment.
- Ability to organize work.
- Ability to operate related equipment.

ADMISSION REQUIREMENTS
- Admission requirements for this program can be found at: http://www.cyc.uvic.ca/prospective/apply/index.php
- To determine if you are ready to apply, click here: http://www.cyc.uvic.ca/prospective/apply/ready.php

University of Victoria requirements. Subject to change. Requirements will vary between educational facilities.

QUICK FACTS

The Wage
- 2008 - 2009 $24.04 per hour
- 2009 - 2010 $24.68 per hour

RELATED LINKS
- Child & Youth Care Association of BC
  http://www.cycabc.org/

Have a question regarding a career in this catalogue? Email jobs@viha.ca
**JOB TASKS - A SAMPLE**

- Acts as a primary worker for children/youth; initiates therapeutic relationship; conducts interviews of children/youth and family to identify problems; and plans for and implements individual and/or family counseling sessions. Organizes recreational activities and drives children.
- In consultation and collaboration with the multi-disciplinary team develops, evaluates and modifies the plan of care. Records on the clinical record. Attends and contributes to the admission, weekly, and discharge conferences.
- Researches, develops, implements and evaluates various therapeutic programs in the area of play, recreation and the performing and creative arts related to self concept, social adaptations and physical development.
- Contributes to developing a safe milieu. Evaluates the effectiveness of the milieu and influences changes as required.
- Provides orientation to new employees and supervises students; team leads; plans for the shift activities and uses leadership skills to manage emergency situations such as crisis interventions or fire/earthquake disaster.
- Implements day to day interventions for children/youth and families using a variety of therapeutic techniques such as relationship building, expressive therapies, individual counseling using specific techniques such as cognitive behavioral strategies, and negotiates contractual agreements such as suicide contracts.
- Develops, plans and conducts group process. Acts as the facilitator and educator for other staff as required. Acts as group leader or co-facilitator during sessions.
- Acts as a behavior management resource to parents by providing guidance, consultation and education. Liaises with community professionals, parents and other caregivers to provide a continuum of care and delivery of service.
- Attends team meetings; gathers data and participates in Continuous Quality Improvement activities. Participates in research as required.
- Maintains program equipment and supplies.
- Performs other related duties as assigned